

Emily Kicklighter

EDUCATOR, ACTRESS, ADVOCATE

4723 Cliff Ave. Louisville, KY 40215

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Areas of Expertise:

Performing Arts

- Devised Theatre
- Movement
- Shakespeare/First Folio
- Improvisation
- Lucid Body Technique

Communications

Creative Writing

Health and Wellness

- Yoga
- Meditation
- Spinning
- Tai Chi
- Diabetes Prevention
- Water Aerobics
- Livestrong Coaching

Empathy Training

Areas of Interest:

- Food Literacy
- Ecology and Sustainability
- Bicycling Advocacy
- Anatomy
- Civil Liberties
- History
- Anthropology
- Sociology

Professional Skills:

- Performance
- Group facilitating
- Public Speaking
- Public Relations
- Syllabus Construction
- MLA Format
- Microsoft Word/Excel
- Presentation Programming

Conscious, creative and highly skilled educator seeks career to synthesize a diverse employment history. As a recent MFA graduate, Emily has renewed interest in her role as an educator and advocate. Armed with a passion for the arts and humanities, Emily possesses an impressive ability to cultivate a rich sense of ensemble among coworkers and students and the unique gift of inspiring in each of them an evolving curiosity and deep reflection.

PROFESSIONAL EXPERIENCE:

Teacher, Jefferson County Public Schools & Extreme Kids Theatre

Louisville, KY — 2011-2013, 2018-present

- Taught after-school drama program and directed final musical theater performance in Louisville Parochial Schools
- Substitute taught all grades and subjects for JCPS
- Reading Intervention and ELA at Western HS, full-time
- ELA & Theatre Arts at Butler HS, full-time
- Americorps Cohort of Teach KY 2021

Yoga/Meditation Teacher, University of Louisville & Various Locations

Knoxville, TN, Hendersonville, NC, Louisville, KY, & Brooklyn, NY — June 2010- present

- Greenhouse Holistic (200 Hour Certification) Brooklyn, New York
- University of Louisville, Baptist East Hospital/ Milestone Wellness Center, Yoga East, Yoga Louisville, KY & Jeffersonville, IN
- On Baxter, River's Edge Yoga, Sunnyside Yoga, Body & Soul Fitness, Louisville Gas & Electric, Jeffersonville Free Public Library, and Private Clients for Yoga Therapy

Institutional/Clinical Disclosure Simulation Participant, VA Hospitals

Lexington, KY, Ann Arbor, MI, Phoenix, AZ, Albuquerque, NM, Helena, MT, Richmond, VA, Miami, FL, Huntington, WV — 2012-2015

- Led by cardiothoracic surgeon, Dr. Ed Dunn, a team of advisors guided healthcare professionals through a continuing education simulation workshop. Originally sponsored by the Institute for Healthcare Communication and later accredited through Purdue University, the course explored standardized simulation techniques to increase EQ awareness and help providers improve standard of care for our nation's Veterans.

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Intrapersonal Skills:

- Highly Empathic
- Outstanding written and oral communication skills
- Works well with different personality types
- Able to work with and understand a variety of special needs including physical and learning disabilities
- Self confident
- Driven initiative
- Able to stay calm and balanced in stressful situations
- Recognizes strengths and weaknesses

Certifications:

200 hour Vinyasa Yoga Instruction--Greenhouse Holistic, Brooklyn, NY
96 hours toward 300 hour supplemental--Sukhavati
YMCA Livestrong Coach
YMCA Group Exercise
YMCA Diabetes Prevention
YMCA Moving for Better Balance (Tai Chi)
Schwinn Spin Instructor
Darkness to Light Training
First Aid Responder, AED

Professional

Affiliations:

Actors Equity Association
SAG/AFTRA
Yoga Alliance
YMCA

Yoga Teacher Training Coordinator, Greenhouse Holistic

New York, NY — 2010-2011

- Coordinated promotions, enrollment and execution of successful Yoga Alliance Certified Teacher Training Program
- Created infrastructure for the position of YTT Coordinator
- Answered phones during office hours
- Handled all payments concerning YTT including but not limited to manual/book purchases, tuition, retreat payments
- Organized retreat
- Hired and delegated responsibilities to interns

Graduate Teaching Assistantship, University of TN, Knoxville

Knoxville, TN — 2015-2018

- Organized and proofed syllabus
- Graded research papers and review assignments
- Graded exams
- Gave written advice on writing to undergraduate students
- Performed alongside undergraduates in professional theatrical productions

Fitness Instructor/Wellness Educator, YMCA

Hendersonville, NC — January 2013-15

- Yoga
- Spinning
- Water Fitness
- Livestrong Health Coach
- Moving for Better Balance (Tai Chi)
- Diabetes Prevention Leader

COMMUNITY OUTREACH

Communications Intern, Louisville Public Media

Louisville, KY — Summer 2011

Volunteering

Board Member, Beechmont Neighborhood Association
Manager, Beechmont Open Air Market
Fund Drive Call Center, Louisville Public Media, KY
Tabling, SURJ, Louisville, KY
Sustainable Skills Coach, Firefly Gathering, Asheville, NC
Farmer's Market Booth, West Asheville, NC
Server, The Fairness Campaign, Louisville, KY
Valet, Bicycling for Louisville, KY
Teacher, Yoga East, Louisville, KY
Organizer, Street Films (Transportation Alternatives), NYC

Special Skills:

Teleprompter Proficient
 Languages—Beginner French
 Dialects—southern, Midwestern, New York, French, Geordie, Australian, New Zealand, British (RP), Cockney, Irish, Yorkshire;
 Improvisation—troupe experience
 Storytelling
 Musical—beginning piano, mezzo-soprano (, kazoo, tambourine, cowbell
 Athletics—softball, basketball, swimming, horseback riding, roller-skating

Representation:

Heyman Talent
 1205 E. Washington Street,
 Suite 107
 Louisville, KY 40206
 p: 502.589.2540



*denotes world premiere productions

PROFESSIONAL ACTING EXPERIENCE

FILM/TELEVISION

<i>White Wedding</i>	Connie	Matthew Greene
<i>#Trending</i>	Janis	Paul Kampf
<i>Anonymous Content</i>	Lila	Paul Kampf
<i>Men Go To Battle</i>	Supporting	Zachary Treitz
<i>2nd Serve</i>	Supporting	Tim Kirkman
<i>The Kiss</i>	Supporting	Alex Poe
<i>Falls of the Ohio</i>	Cyclist	Kay Milam

COMMERCIAL

<i>Kentucky Lotto</i>	Principal	Road Pictures
<i>Baptist Health</i>	Principal	Mass Production
<i>Woodstock Bourbon</i>	Supporting	Guilty Content
<i>Churchill Downs</i>	Supporting	River Run Productions
<i>Cincinnati Metro</i>	Supporting	Falcon Enterprises
<i>Open Disclosure Industrial</i>	Supporting	BWK Media
<i>Animal Hospital Industrial</i>	Supporting	BWK Media
<i>Training Video</i>	Supporting	Procter & Gamble

THEATRE

<i>Offending the Audience</i>	Ensemble	The Flea Theatre	Jim Simpson
<i>Los Angeles*</i>	Veronica	The Flea Theatre	Adam Rapp
<i>'Twas the Night Before*</i>	Bat	The Flea Theatre	Kip Fagan
<i>Caucasian Chalk Circle</i>	Grusche	Actors Theatre of Louisville	Wendy McClellan
<i>Uncle Sam's Satiric Spectacular*</i>	Lady Liberty	Actors Theatre of Louisville	Wendy McClellan
<i>Moot the Messenger*</i>	Soldier	Actors Theatre	Marion McClinton
<i>Room to Exist*</i>	Ensemble	Actors Theatre of Louisville	Steven Sapp & Mildred Ruiz
<i>Terms of the Agreement*</i>	Ashley	Actors Theatre	Steve Moulds
<i>The Debate Over Courtney O'Connel</i>	Courtney	Theatre 502	Gil Reyes
<i>The Strangers*</i>	Sarah/ Homeless	Clarence Brown Theatre	John Sipes
<i>A Christmas Carol</i>	Mrs. Cratchit	Clarence Brown Theatre	Kathleen Conlin Micah-Shane Brewer
<i>Three Sisters</i>	Olga	Clarence Brown	Michael Frye
<i>Around the World in 80 Days</i>	Aouda	Clarence Brown Theatre	Kate Buckley
<i>The Crucible</i>	Ann Putnam	Clarence Brown	Cal McLean
<i>The Busy Body</i>	Patch	Clarence Brown	John Sipes
<i>South Pacific</i>	Lead Nurse	Clarence Brown	Terry Silver-Alford
<i>Scapin</i>	Zerbinetta	Mile Square	Chris O'Connor

Honors and Awards

Graduate Teaching Assistantship, UTK 2015-18
(Full tuition + stipend)
Emily Mahan Faust Graduate Scholarship, UTK 2016-18
Clarence Brown Opening Night Scholarship, UTK 2018
Presidential Scholarship, NKU 2000-2004 **(Full tuition)**
Undergraduate Academic Housing Scholarship, NKU **(Room and board)**
Honors Program Zala Award, NKU (2002)
Presidential Ambassador, NKU (2001-2003)
CCSA Study Abroad Scholarship, NKU (2003)
Dean's List, NKU (2000-2004)

References

Kathy Campbell
Heyman Talent
(502)589-2540
kathy@heymentalent.com

Marc Bovino
Actor/Director
(860)302-3637
marc.bovino@gmail.com

Kate Buckley, UTK
Associate Professor-Directing
(865)974-7302
kateshakes@gmail.com

PJ Ray
Beechmont Neighborhood
Association Board Member
(502)907-8700
pj@gatheringclub.com

Spalding University

MAT, ELA Secondary — 2020-2023

University of Tennessee, Knoxville

MFA in Acting for Theatre and Film, Artist in Residence — 2015-2018

Northern Kentucky University, Highland Heights, KY

BA in Theatre and English, Honors Minor — 2000-2004

Lexia International & La Sorbonne, Paris, France

French, French Cinema, Filmmaking, Art History — 2008

Actors Theatre of Louisville, Kentucky

Profession Training Company (formerly Acting Apprenticeship) — 2004-05

The Actors' Gang, Los Angeles, California

Internship — Spring 2006

American Academy of Dramatic Arts, New York, NY

Summer Program — 2002

Acting—Jed Diamond, John Sipes, Marc Masterson, Alaine Alldaffer, Zan Sawyer-Dailey, Wendy McClellan

Voice Speech—Barbara Houseman, Abi Langham, Phil Thompson

Musical Theatre—John Langs, Katy Wolfe-Zahn, Terry Silver-Alford

Devised Theatre—Steven Sapp & Mildred Ruiz (Universes), Greg Allen (Neofuturists)

Acting for TV/Film—Pat McCorkle, Paul Kampf, Rob Decina

Suzuki/Viewpoints—Will Bond (SITI), John Sipes, Brian Gligor

Alexander Technique—Jed Diamond, John Sipes

Linklater/Laban/Bartenieff Fundamentals—Timothy Douglas, Terry Weber, Abi Langham, Casey Sams

Shakespeare—Kate Buckley, Terry Weber

Clown/Commedia dell'Arte—Zachary Fine, Carol Thompson, Christopher Tramantana, Tim Robbins

Bow Spring Yoga @ Louisville Bow --Susan Schroeder, John Friend & Desi Springer

Yoga Therapy @ Yoga East, Louisville, KY --Asana with Doug Keller

The Roots @ Yoga East, Louisville, KY --Asana with John Friend

Galactic Alignment with Skanda Yoga @ Mind Body Studio, Lexington, KY

--Asana with Ken von Roenn III --Meditation with Lina Vallejo

Loving Compassion Meditation @ University of Louisville, KY -- Group Meditation with Dr. Pradeep Deshpande & Dr. Rebecca Martin

Summer Bliss Retreat Module @ Seven Arrows --Asana with Summer Quashie and Leigh Evans --Nutrition and Cooking with Nashanga Bliss --Subtle Body with James Bae

Outside of time into the Infinite Self @ Heartland Retreat Center, Campbell Hall, NY

--Pranayama with James Bae, Yoga with Paul Manza

Bok Jinpa-Setting Your Meditation Afire @ The Three Jewels, Manhattan, NY

--mediation with Nancy Allen and Ari

One with Intention Yoga @ Greenhouse Holistic, Brooklyn, NY

--yoga with Lady Ruth Lauer-Manenti

